

Name : Mr. R. Eshwar
Staff ID : RCAS05891
Designation : Assistant Professor
Department : Department of Psychology
Experience : 2 Years and 3 Months
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ACADEMICS

Degree	Branch	Institution / University	Year of Completion
M.Sc.	Applied Psychology	Bharathiar University, Coimbatore.	2023
B.Sc.	Psychology	Government Arts College, Coimbatore.	2021

RESEARCH AND PUBLICATIONS

Journal Publications

- Eshwar, R., Rajaswathy, R., & Veena Vidhya Sri, V. (2025). **Work-related stressors and burnout: Authority obedience, emotional maturity, and burnout as predictors of well-being among teaching professionals.** Indian Journal of Psychology, (27-31)

Book Chapters:

- Eshwar, R. (2025). **Emotional literacy in school curricula: Foundations, implementation, and future directions.** In H. K. Yadav, T. Patel, & M. Kashyap (Eds.), Emerging horizons in human development and well-being (Vol. 1, pp. 96–105). P. K. Publishers & Distributors.

Proceedings:

- Eshwar, R. (2025). Winning with algorithms: **The impact of AI on sports strategy and decision-making.** The International Conference on Artificial Intelligence in Science, Technology, Commerce, Management, Healthcare and Education (pp. 965–968). Lincoln University College, in association with Rathinam College of Arts and Science.

PRESENTATIONS

	State Level	National	International
Conference	-	1	-

PARTICIPATION

	State Level	National	International
Conference	-	2	-
Seminar	-	-	1
Workshop	-	2	-
Orientation	-	1	-
FDP/PDP	-	3	1

AWARDS, HONORS, AND RECOGNITION

Awards / Honors /Recognition	Agency / Institution	Year of Award
Golden Gurus Award	GRT Jewelers	2025